

**NORTHWEST INDIAN COLLEGE**  
**Xwlemi Elh>tal>Nexw Squl**

**Introduction to Psychology 101~Fall 2007**

Instructor: Ane Berrett	392-4213	aberrett@nwic	Fax: 647-7084
Place & Time:	M W	5:00-7:00	DL-2

**TEXT:**

Wood, Samuel E., Wood, Ellen Green, Denise Boyd. MASTERING THE WORLD OF PSYCHOLOGY

Selected readings

**COURSE DESCRIPTION**

Psychology is the scientific study of thinking, feeling and behavior. We will examine how behavior is influenced by body/mind, development and social systems and review the historical foundations and theories of psychology. This course is designed to analyze psychological concepts through applied and active in class learning, discussions, case studies and opportunities for service learning and/or research.

**LEARNING OBJECTIVES**

At the completion of this course, you will be able to

- ❖ Identify the theorists and theories that have influenced the study of psychology.
- ❖ Describe the relationship between human biology and behavior.
- ❖ Apply major psychological theories and perspectives to a case study.
- ❖ Research a current issue in psychology relating to theory or practice and/or participate in a relevant service-learning project.

**COURSE REQUIREMENTS**

- A. **CASE STUDY** 50 pts total, Apply the following 5 major topics to a case study of your choice ~10 pts for each part

Each assignment is to be type written and one to two pages in length.

Completion of an in-class assignment for each topic applies to total points assigned.

There will be an article assigned to read for each topic. Your reading preparation and participation in class discussion will also apply to total points earned,

1. **Assignment 1: Theoretical perspectives of psychology: Chapter 1 &11**

What theoretical perspective appeals to you?

Provide a rationale for your choice and select a case study to view through this perspective. View a video, or read an article or book relating to the founder of this perspective and include this in your bibliography.

2. **Assignment 2: Brain and Biology ~ Chapters 2-3**

What are the biological roots of behavior? Analyze what happens to an individual exposed to a traumatic event. Describe what parts of the **brain, sensory organs, nervous system and organs** are impacted. How will this individual behave? Now, contrast that with a setting that stimulates relaxation for an individual. Describe this biological response and resultant behavior. Apply it to your case study.

3. **Assignment 3: Brain: Memory, Learning and Consciousness ~ Chapters 4-7, 9**  
Identify a situation in your case study where the individual is having difficulty with his/her behavior. Describe the behavior and provide examples of applied classical, operant and cognitive learning to shape this behavior. Theorize what is happening to this individual at a motivational, perceptual and emotional level. Identify barriers in relation to this individual's motivation for change.
4. **Assignment #4: Developmental Stages, Health, and Stress, & Personality Chapters 8, 10 & 11**  
Apply Piaget, Kolberg and Erikson's developmental theory to this case study. Identify the stages and developmental tasks, social and cultural contexts and stressors this person is experiencing.
5. **Assignment #5: Psychological Disorders and Treatment ~ Chapter 12 & 13:**  
Apply the criteria for abnormal behavior or psychological disorder that applies to your case study. Recommend and provide rationale for therapeutic intervention for this disorder.

**B. RESEARCH TOPIC - 20 points**

Identify a psychological theory or practice that interests you. Read and research 3 articles relating to this subject from any of these sources: psychological journals, Internet articles. Magazines: Psychology Today, special lectures, movies, documentaries Include a bibliography of references including one must be from a **scientific journal**. Be sure to include an **APA style** reference to your sources cited. Summarize your research and address the following:

1. Provide a definition of the topic and an example of its application in the field of psychology.
2. How does this topic apply to you as an individual, your family, culture, and society?
3. How does this topic change the way you conceptualize human behavior?

**SERVICE LEARNING OPTION:**

Meet with instructor to design a service-learning project that is relevant to your research, or case study. This must be decided by the end of the second week of class to provide time to complete the project before the end of the quarter.

Service Learning integrates course concepts into a relevant community service project. The benefits of a service learning project are that it addresses local community needs and provides the opportunity to learn by active participation.

**C. ORAL CLASS PRESENTATIONS: 10 pts.**

You have the choice to present your written summary, your completed case study or service-learning project to the class during the last week of class

**D. EXAMS: CASE STUDY – 20 pts**

Two exams will be given during the quarter. They will be in the form of a case study in-class discussion. Your participation, understanding, critical thinking and application of the course material to this case will provide the rationale for your grade.

**EVALUATION**

Points	Percent of Total	Grade
90-100	90-100%	A
80-89	80-90%	B

70-79	70-79%	C
60-69	60-69%	D

Note: Your evaluation includes class attendance, participation and assignments turned in on time.