



CLASS INSTRUCTION INCLUDES LESSONS ON TRADITIONAL APPROACHES TO DIABETES PREVENTION:

- Huckleberry Smoothies
- Herbal Teas
- Fresh Greens Sauté
- Rose Hip Jam

Instructor: Vanessa Cooper, NWIC Traditional Plant and Foods Program

## Become a Certified Nursing Assistant

*Caregiving is an Indigenous Tradition!*

Class Starts: September 23  
Mon/Wed/Fri from 9-1pm

What do Certified Nursing Assistants do?

A CNA may work in a hospital, a clinic, or a private home providing safe and reliable care. Some of the major tasks a CNA performs include taking temperature, blood pressure, pulse, assisting patients with mobility, feeding and daily hygiene.

Is there opportunity for growth?

According to the Occupational and Employment Statistics (OES), employment for Home Health Care Aids is expected to grow. Additionally, if you want to become a nurse and earn as much as \$32.25 an hour, becoming a certified nursing assistant is your first step!



NORTHWEST INDIAN COLLEGE

TO ENROLL CALL US AT: 255-4412