

Course Outcomes: HUMS 170

Chemical Dependency Counseling Techniques

The following are working course outcomes. These outcomes will be reviewed by the NWIC Curriculum Committee during the curricular review process in 2017 with the intent of creating and approving course outcomes.

Course Outcomes: As a result of this class the student will have the capacity in writing, discussion, or class exercise to:

- Identify a variety of counseling styles and difference between psychotherapy and counseling
- Characterize the basics of a variety of techniques and demonstrate applications in substance abuse counseling as defined in TAP 21 “Competencies”
- Identify different counseling approaches best fitted to a client’s needs:
Individualizing
- Identify and demonstrate basic helping skills pf empathy, attentive listening, attending, reflecting, and processing of individual counseling