

LIBC PHASED APPROACH TO RE-OPENING

Metrics for phase reopening approach: 2/2 metrics needs to be met before any phase advancement. Phase reopening number will be calculated every 2 weeks, and each phase needs to be in place for at least 2 weeks prior to advancing for the next phase.

1. Trend in 14-day rate of new COVID-19 cases per 100,000 population – Low decrease by 7% or more, stable (0%-10% increase), high (greater than 10% increase)
2. 7-day percent positive of COVID-19 tests Low: 10% or less, High: Greater than 10%
3. A sudden increase in positive Vaccinated cases

Other trends around the State and surround counties will be observed carefully. If the surrounding community have increased disease transmission, **LIBC reserves its right to halt phase advancements if the conditions are not right in the surrounding communities.**

Youth sports regulation adapted from WA Governor Safe restarting guidelines titled “Sporting Activities COVID-19 Requirements”.

UPDATE (8/14/21): Due to sudden increase in positive cases among vaccinated individuals due to Delta variant a “PAUSE” in phase 4 gatherings was put in place to allow time for reassessment. While the phase remain in place, Phase 4 was modified to reflect the changes in

	Shelter in Place	Phase I	Phase II	Phase III	Phase IV (modified)
High risk population	<ul style="list-style-type: none"> • Shelter in Place 	<ul style="list-style-type: none"> • Shelter in Place 	<ul style="list-style-type: none"> • Fully vaccinated individuals for at least 14 days and not more than 90 days from second vaccine dose with social distancing and mask wearing can congregate with maximum of 5 	<ul style="list-style-type: none"> • Fully vaccinated individuals for at least 14 days and not more than 90 days with social distancing and mask wearing. Do not congregate with more than 10 people. 	<ul style="list-style-type: none"> • Must wear Mask • Must be vaccinated to safely participate in LIBC and Community functions • Resume public interactions with social distancing, mask wearing.

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			<p>individuals outside of their household.</p> <ul style="list-style-type: none"> • Non-vaccinated Individuals or vaccination beyond 90 days after the second dose, avoid any congregate activities 	<ul style="list-style-type: none"> • If not vaccinated, or vaccination for more than 90 days, avoid any congregate activities 	
Recreation	<ul style="list-style-type: none"> • Treaty fishing/hunting • Walking, Running, Biking, Hiking • Gathering traditional materials 	<ul style="list-style-type: none"> • Small gatherings of no more than 5 people outside of one household • Single and double canoe activities • Participate in gaming activity 	<ul style="list-style-type: none"> • Allow small group outdoor rec activities <10 people outside your household • Single and double canoe activities • Maximum 3 people in a 6 man canoe; and 6 people in a 11 man canoe • Youth sports per attached guidelines 	<ul style="list-style-type: none"> • Allow group activities <20 people • Canoe clubs ; from single to 11-man allowed Outdoor Gatherings (i.e Blackhawk Stadium including space on field, Stommish) at 75% capacity 	<ul style="list-style-type: none"> • No public gatherings over 20 people permitted until further notice. • Vaccinations required for all people over 12 years of age to participate beginning October 18, 2021. • All teams must verify vaccination status • Unvaccinated people over 12 years of age are not allowed to participate • Resume all recreation activities with social distancing as much as possible • Canoe clubs 6 and 11 teams
Gatherings (social, spiritual)	<ul style="list-style-type: none"> • Funerals- immediate 	<ul style="list-style-type: none"> • No indoor gatherings • Outside gatherings of no more than 5 	<ul style="list-style-type: none"> • Allow small gatherings with <10 people 	<ul style="list-style-type: none"> • Social distancing and mask wearing still encouraged 	<ul style="list-style-type: none"> • No public gatherings over 20 people

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	<p>Family (see protocols)</p> <ul style="list-style-type: none"> Gathering of 2 or more nonresidents is prohibited 	<p>people outside of one household once per week</p> <ul style="list-style-type: none"> Funerals- Follow protocols approved by LIBC Curfew lifted 	<p>outside your household per day</p> <ul style="list-style-type: none"> Funerals- Follow protocols approved by LIBC Religious organizations/house of worships at 25% occupancy or 25 individuals whichever is less All congregate activities need to practice social distancing and wear masks/face coverings Vaccination is strongly encouraged for any congregate settings Organizations can separately develop vaccination policies 	<ul style="list-style-type: none"> Wexliem at 75% capacity with mask requirements Religious organizations/house of worships at 50 % occupancy or 400 individuals which ever is less 	<p>permitted until further notice.</p> <ul style="list-style-type: none"> Vaccinations Required for all people over 12 years of age to participate beginning October 18, 2021 Wexliem open with social distancing measures and masking required but no gatherings of over 20 people until further notice For any indoor public gathering over 20 people a sign-in sheet must be available for contact tracing. Masks required for all indoor public gatherings regardless of vaccination status
Travel	<ul style="list-style-type: none"> Essential business Maintain vital LIBC functions 	<ul style="list-style-type: none"> Limited non-essential with proximity of residence; Travel within Washington State for all nonvaccinated individuals to areas that are having 	<ul style="list-style-type: none"> Non-vaccinated individuals may resume limited non-essential travel; travel within Washington State to areas with limited transmission 	<ul style="list-style-type: none"> Non-vaccinated Individuals may resume non-essential travel to locations that allow it 	<ul style="list-style-type: none"> Fully vaccinated are allowed non-essential travel; travel anywhere without quarantine upon return Unvaccinated people must get viral test

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		<p><200/100K rate of transmission in the past 2 weeks</p> <ul style="list-style-type: none"> Fully vaccinated individuals may travel outside of the State as long as between 14 and 90 days post vaccination (Pfizer or Moderna) 	<ul style="list-style-type: none"> Fully vaccinated individuals may travel outside of the State as long as between 14 and 90 days post vaccination (Pfizer or Moderna) 	<ul style="list-style-type: none"> Travel out of state with limited transmission Fully vaccinated individuals may travel outside of the State as long as between 14 and 90 days post second dose of vaccination (Pfizer or Moderna) 	<p>within 3-5 days after travel out of state or quarantine for 10 days.</p>
Business / Employers	<ul style="list-style-type: none"> Food Law Enforcement Construction defined by Shelter in Place Order Gas Station Public utilities Public transportation Loomis Golf Course Telecommute for all except essential workers 	<ul style="list-style-type: none"> New construction defined by Shelter in Place Order Silver Reef Casino with reduced capacity consistent with public health safety protocols Restaurants with take out and outdoor sitting preferable, with <25% of indoor occupancy Telecommute for all except essential workers or modified schedule with less than 25% occupancy of nonessential business 	<ul style="list-style-type: none"> Re-open courts with social distancing plan. No spectators Retail establishments (on-line/phone purchases with curb side pickup is strongly encouraged) Real estate Professional services Hair and nail salons/Barbers with 50% or less in indoor space Dine-in restaurants at <50% capacity Daycare open for essential employee staff children Firework stands with precautions 	<ul style="list-style-type: none"> Lummi Fitness Center at <50% capacity; no sauna. Re-opening of office-based businesses and government, including LIBC (telework remains strongly encouraged) at 75% capacity with plans from all directors with social distancing and infection control protocols. Hair and nail salons/Barbers with 75 % or less in indoor space Daycare at 75 % capacity Social distancing is encouraged as much as possible. Keep different classroom separate 	<ul style="list-style-type: none"> Restaurants, bars, gyms, and Silver Reef Casino open to licensed capacity with <u>masks required for all employees and customers regardless of vaccination status and social distancing measures in place.</u> Small concert venues Large sporting Events Resume unrestricted staffing for vaccinated employees of worksites, but continue to practice physical distancing with masking required for all

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			<ul style="list-style-type: none"> • Telecommute for all except essential workers 	<ul style="list-style-type: none"> • Businesses and dine-in restaurants at 75% capacity • Silver Reef Casino at 75% capacity 	<p>employees of LIBC and its business entities.</p> <ul style="list-style-type: none"> • All Day Care staff MUST Be vaccinated to protect our Children. • Open daycare to all with close monitoring of children for respiratory illness • Continue to encourage separation of different groups to avoid disease spread
Education / Youth	<ul style="list-style-type: none"> • Distance Learning Only 	<ul style="list-style-type: none"> • Distance Learning only except as approved by public health 	<ul style="list-style-type: none"> • Lummi Nation School, Lummi Early Learning Programs, and Boys and Girls Club with Lummi Public Health approved safety protocols • Goal is to have all elementary schools' children in person learning • Socially distancing of 6 feet required for all students and staff • Additional Youth sports guidance as bellow. 	<ul style="list-style-type: none"> • Outdoor youth sports and recreation within gathering limits • Lummi Nation School, Lummi Early Learning Programs, and Boys and Girls Club with Lummi Public Health approved safety protocols with goal to have most students in person learning 	<ul style="list-style-type: none"> • All schools must vaccinate students as approved by FDA vaccination criteria • Resume full in person school for all students (Preschool-College) with infection control protocols • Mask wearing and social distancing for employees and students from Kindergarten and older REQUIRED

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Healthcare / congregate setting	<ul style="list-style-type: none"> • Medical • Dental • Mental Health • Opioid Treatment • Pharmacy • Little Bear Creek 	<ul style="list-style-type: none"> • Outpatient visits with safety protocols • Prioritize visits for telemedicine • Dental Procedures with safety protocols 	<ul style="list-style-type: none"> • Increase outpatient visits • Increase Dental Visits 	<ul style="list-style-type: none"> • Resume normal outpatient medical, dental, physical therapy, counseling services, with appropriate PPE. Continue to provide patients option for telemedicine. 	<ul style="list-style-type: none"> • Visitors to Little Bear opened for fully vaccinated individuals (at least 14 days after the second shot) • Masks required for all staff and visitors to Little Bear, and residents when in public areas or with visitors. • Wexliem open to vaccinated individuals only beginning October 18, 2021 for gatherings but with social distancing and masks required.
REQUIREMENTS FOR ALL INDIVIDUALS LISTED ABOVE					
REQUIREMENTS FOR ALL BUSINESSES LISTED ABOVE					

DOCUMENT HISTORY	
Amended by LIBC on August 14, 2021	Updated to require Vaccines for all LIBC activities, Mask for all LIBC activities. Gatherings allowed as long as Vaccine verification is in place to assure safety of Lummi Community.
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ADDENDUM: Youth Sports Guidance

The Lummi Nation will follow the Washington State safe reopening plan for school related sports, for each phase, but reserves its right to change phases based on the conditions in the ground.

Washington State Guidance Updated 2.11.2021 – Lummi updated on 2/25/2021

School and Non-school Youth Team Sports Indoor and Outdoor and Adult

Recreational Team Sports Indoor and Outdoor

For the purposes of this document, sports are defined using the following risk categories (The list below is not all-encompassing. Some sports are covered in other guidance documents, and if so those guidance documents govern those activities. If a sport does not appear on this list that does not necessarily mean it is prohibited at this time.

Low risk sports: tennis, swimming, pickleball, golf, gymnastics, climbing, skating, archery, fencing, cross country, track and field, sideline/no-contact cheer and no-contact dance, disc golf, **and canoeing.**

Moderate risk sports: softball, baseball, t-ball, soccer, futsal, volleyball, lacrosse, flag football, ultimate frisbee, ice hockey, cricket, crew, field hockey, school bowling competitions.

High risk sports: football, rugby, wrestling, cheerleading with contact, dance with contact, **basketball**, water polo, martial arts competitions, roller derby.

Phase 1:

- Facial coverings required for all coaches, volunteers and athletes at all times.
- **Indoor training and practice** allowed for **low and moderate** risk sports if players are limited to groups of 6 in separate parts of the field/court, separated by a buffer zone. Brief close contact (ex: 3 on 3 drills) is permitted. It is preferable for the groups of six to be stable over time. All facilities must calculate allowable participant occupancy by dividing the room size or available floor space by 500 square feet per person.
- Indoor individual training/practice allowed for athletes in high risk sports either with or without a coach.

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- Outdoor meets, qualifiers, and tournaments allowed for low risk sports. No spectators allowed.
- Outdoor team practices, training and intra-team competitions allowed for low and moderate risk sports. Scrimmage against other teams or training or practices with other teams is not allowed.
- Outdoor team practices and/or training allowed for high risk sports if players are limited to groups of 6 in separate parts of the field/court, separated by a buffer zone. Brief close contact (ex: 3 on 3 drills) is permitted. It is preferable for the groups of five to be stable over time.

Phase 2:

- Facial coverings required for all coaches, volunteers and athletes always.
- **Outdoor training**, practices and competitions allowed outdoors for low, moderate, and high risk (i.e. basketball and football) sports. Maximum 200 people allowed at competitions, including spectators.
- **For outdoor competitions;** For facilities or complexes with more than one field or area of play a maximum of 75 people allowed per field or area of play, including spectators. All spectators of different households are to remain physically distant, 6 feet or more, as much as possible.
- **Indoor team training**, practices, and competitions allowed for low and moderate risk sports. Indoor team practices, training and intra-team competitions allowed for high risk sports. **Scrimmage against other teams or training or practices with other teams is not allowed for high risk sports.** For all indoor sports the occupancy of the facility **may not exceed 25 percent** of the fire code occupancy rating, or 200 people max, whichever is less.
- Indoor meets, qualifiers, and tournaments allowed for low risk sports. For all indoor sports the occupancy of the **facility may not exceed 25 percent of the fire code occupancy rating, or 200 people including spectators, whichever is lower.**

Guidance applicable to ALL sporting activities for school and non-school youth team sports and adult recreational sports in all phase levels

No tournaments allowed for moderate and high-risk sports in phase 2 other than local, intertribal, state or regional championship competitions with no more **than four teams at one site sanctioned by public health as long as at least 80% of 16 years and older students of the Lummi Nation Teams are at least 14 days post vaccination with 1 dose of Johnson and Johnson , or 2 doses from Pfizer or Moderna Vaccine.**

Any local or regional tournament should be discussed with Lummi Public Health with written safety plans before proceeding to ensure the safety of the community.

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Phase 3

Indoor and outdoor training, practices and competitions allowed for low, moderate, and high contact sports, with universal mask requirements or all participants including athletes, officials, coaches, volunteers and spectators unless subject to specific exceptions detailed in this document. Wrestling competitions may not resume until April 26, 2021.

- For outdoor competitions without permanent seating; Facilities or complexes with more than one field or area of play are allowed a maximum of 200 people per field or area of play, including spectators.
- All indoor sports spectators subject to 50% capacity or 400-person maximum per room, whichever is lower, all participants including athletes, officials, coaches, volunteers and spectators are to be included in calculating the 400-person maximum. Spectator groups from 1-10 people allowed in all facilities, but all spectator groups must maintain 6 feet of distance from other spectator groups. For K-12 school sporting activities no concession sales allowed. For non-K-12 indoor sporting activities spectators only allowed to remove their facial coverings when in their seats and actively eating and drinking.
- For canoe races at stommish, only 75% capacity is allowed with 1-10 people per spectator group, while maintaining 6 feet distance from other spectator groups.

Sports Travels

Non-essential travel such as out-of-state team or individual travel for sporting activities are subject to quarantines as detailed in the **phase reopening guideline table**. Essential Travel for “study” in the advisory is meant to include league play for school sports that cross state borders if that league sanctioned by a statewide interscholastic activities administrative and rule-making body that oversees competition in all counties in the state, or in a neighboring state. **Cross-border travel for non-league games is not considered essential.**

Stay home when sick or if a close contact of someone with COVID-19

Athletes, coaches, umpires/referees, spectators and any other paid or volunteer staff should be required to stay home if they feel unwell, show any signs of COVID-19, or are a close contact of a confirmed case.

All coaches and students should be screened for signs/symptoms of COVID-19 prior to a workout. Screening should consider symptoms listed by the CDC. Any person with symptoms of COVID-19 or who is a close contact of someone with confirmed COVID-19 should not be allowed to participate and should contact his or her primary care provider or other appropriate health-care professional.

Those who are excluded from training or contests due to COVID-19 symptoms or because they are close contacts must follow **Lummi public health isolation and quarantine guidance before returning to training or contests.**

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People with underlying health conditions should consult with their medical provider regarding participation in athletic activities.

Masks

Masks required for all athletes/participants. Coaches, trainers, managers, spotters, and any other paid or volunteer staff must wear face coverings at all times. Organized sporting activities are not an allowable exception to the Face Coverings Order except as those detailed in this document.

School cross country meets and competitions should follow the guidance for Races, non-motorized and motorized, including the allowance to remove face coverings once a competition begins. Face coverings required for training.

Gymnasts may remove their masks and facial coverings for routines that require for flips or blind landings, or similar maneuvers, where a slipped mask could impede safety.

Physical Distance [from DOH guideline]

Physical distance of 6 feet must be maintained between staff, volunteers, and any spectators at all times with exceptions for training and medical personnel and volunteers performing their medical duties. Six feet of distance must be maintained among athletes when not engaged in sporting activities, huddles and team meetings must be physically distanced.

Hygiene [from DOH guideline]

Require athletes, coaches, umpires/referees and any other paid or volunteer staff to practice good hygiene including washing their hands frequently and covering their sneezes and coughs. Wash hands often with soap and water for at least 20 seconds before and after practice, especially after touching shared objects or blowing your nose, coughing, or sneezing. Avoid touching your eyes, nose, and mouth. If soap and water are not readily available, use a hand sanitizer that contains 60-95% alcohol content. Cover all surfaces of your hands and rub them together until they are dry. Athletes should not share water bottles, uniforms, towels, or snacks and should not spit (saliva, sunflower seeds, etc.). Provide handwashing or hand sanitizing stations at training and contest locations. Limit the use of locker rooms to handwashing and restroom use only. Showers should not be used due to potential spread of aerosolized droplets. If use of locker rooms for changing is necessary, maximize ventilation and use tape, spots, or cones to signal 6 feet of distance for athletes who need to change. If locker rooms are used cleaning protocols must be included in the sporting activity safety plan. Stagger entry to the changing area and use of these facilities as appropriate with members of the same team or training cohort only. Limit occupancy of the locker rooms to avoid crowding. 6-feet of distance must be maintained among athletes when not engaged in sporting activities, huddles and team meetings must be physically distanced.

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Cleaning [from DOH guideline]

Clean high touch surfaces and disinfect shared equipment before and after each use. Ensure restrooms are cleaned and disinfected regularly. Current CDC guidance for cleaning and disinfection for COVID-19 states that disinfectants should be registered by the EPA for use against the COVID-19. Find the current list here: [List N: Disinfectants for Use Against SARS-CoV-2 \(COVID-19\)](#). Disinfectants based on hydrogen peroxide or alcohol are safer than harsher chemicals. The University of Washington has a [handout](#) with options for safer cleaning and disinfecting products that work well against COVID-19.

Ventilation [from DOH guideline]

Ventilation is important to have good indoor air quality. Ensure that ventilation systems operate properly. Increase air circulation and ventilation as much as possible by opening windows and doors. Offer more outside time, open windows often and adjust mechanical ventilation systems to bring in as much outside air as possible. Increase filters to MERV 13 if the HVAC can accommodate. Use of fans for cooling is acceptable. In indoor spaces, fans should only be used when windows or doors are open to the outdoors in order to circulate indoor and outdoor air. They should blow away from people.

Outdoors locations are preferred to indoors locations and should be utilized to the greatest extent possible to allow for maximum fresh air circulation and social distancing. Outdoor structures, in order to be considered outdoors, should have no more than two walls to provide appropriate ventilation unless they meet this ventilation requirement; Structures can have three walls if another opening exists that is large enough to create cross ventilation.

Transportation

Limit exposure to those outside the household unit during travel. Encourage only those in the same household to travel together, and if not in the same household, travel in separate vehicles if possible.

For travel groups, (groups that include more than one household in the same vehicle whether in a carpool or on a bus) all members of the travel group, including the driver, must wear a face covering and spread out as much as possible within the vehicle. Limit travel groups to those who have been in regular contact (e.g. team members). Encourage family members to sit together. Maximize ventilation in the vehicle by opening windows. Buses should install safety barriers (such as plexiglass shields) between the driver and passengers or close (block off/leave empty) the seats nearest the driver to ensure 6 feet of distance between the driver and passengers. Passengers should board from the rear door when possible. Buses should improve air filtration where possible. Buses should be cleaned and disinfected daily after use with attention to frequently touched services (doors, rails, seat backs).

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Records and Contact Tracing

Keep a roster of every athlete, staff and volunteer present at each practice, training session, and contest to assist with contact tracing in the event of a possible exposure. Similarly keep a roster and seating chart for each travel group. Attendance rosters and seating charts must be kept on file for 28 days after the practice, contest, or trip.

Employees

Employers must follow safety protocols and policies established by their respective departments by the Lummi Nation Entity and all Public Health recommendations for safety.

Phase IV

Phase IV guidelines in development. Compliance with Phase III youth sports requirements to continue until Phase IV guidelines released.

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